

## Time for Reflection at Currie CHS

Everyone needs time and space to reflect. At Currie Community High School we allow pupils and staff this time with our Time for Reflection programme of assemblies and other opportunities.

We are a school that embraces a diversity of belief in our pupils and staff. There are those with strong religious faith and those with none. Our TFR programme aims to reflect this diversity and recognise the religious and cultural backgrounds of our school community.

TFR assemblies are planned by pupils in conjunction with staff and pupils. The programme allows pupils time and space to ponder some big ideas and questions. For example, one of our assemblies was called "Looking Forward". A number of different pupils and staff shared with S3 and S4 pupils what they were looking forward to over the course of the next year. One senior pupil was looking forward to participating in the 'Lessons From Auschwitz' programme, another to their annual Scripture Union camp. A junior pupil was looking forward to their next summer holiday whilst a member of staff was trying to reduce his golf handicap.

Other assemblies and opportunities for reflection focused on Interfaith Remembrance, a lecture from Denis Goldberg who was imprisoned alongside Nelson Mandela in South Africa, Christmas, Holocaust Memorial Day, Easter, and charitable efforts including the Youth Philanthropy Initiative. At the end of the year we celebrated achievements that are both collective and personal when we rounded things off with an assembly called "Looking Back".

The following is a typical example of 'Time for Reflection' sessions embedded within the assembly programme.

August	Year Assemblies: Welcome Back Student Planner	All years
September	Time for Reflection - Looking Forward House Assemblies - Pupil Support Leaders & House Captains	All years
October	Time for Reflection - The John Byrne Award Year Assemblies: Relationships for Learning Time for Reflection - Inspiration	S6 All years S3/S4
November	Time for Reflection - Remembrance Time for Reflection - Health in Mind	S5/S6 S5/S6
December	Time for Reflection - Hope Year Assemblies: Vision & Values	S1/S2 All years
January	Year Assembly: Preparation for Prelims Time for Reflection - Amnesty International Time for Reflection - Holocaust Memorial Day Time for Reflection - Keeping the Memory Alive	S4 All years All years S5/S6
March	House Assemblies - Food for Life Working Group Year Assemblies: Learning for Sustainability	All years
April	Time for Reflection - Easter Year Assemblies: Theme TBA (‘Cool, Calm & Connected’)	S1/S2 All years S4)
June	Time for Reflection - Looking Back; Reflections Year Assemblies: Theme TBA	S3/S4 All years